



SAMPLE BREAKFAST MENU

Served between 8am and 9am

HELP YOURSELF TO OUR SELECTION OF CEREALS,
FRESH FRUITS AND WELSH YOGHURTS
COFFEE OR TEA AND FRESHLY SQUEEZED ORANGE JUICE

TO FOLLOW

HOT COOKED WELSH BREAKFAST

Thick Cut Smoked bacon, free range egg, Welsh sausages, roasted vine tomatoes,
mushrooms & black pudding

OR

VEGETARIAN HOT COOKED BREAKFAST

Glamorgan sausages, free range egg, roasted vine tomatoes,
mushrooms & baked beans

OR

SMOKED SALMON AND FREE RANGE SCRAMBLED EGGS
on granary toast

OR

CONTINENTAL BREAKFAST

a selection of meats & cheeses with crusty bread and croissants
Granary toast